



MASSAGE AND BODY THERAPIES

Custom

60 minutes, \$195

This traditional massage is customizable to meet your specific needs. With pressure ranging from light to firm, it will soothe and relax the body improving circulation, relieving tension and eliminating muscle fatigue.

Motherhood

60 minutes, \$195

A gentle massage that focuses on the specific needs of expectant mothers; intended to alleviate muscle tension, aches and stress on weight-bearing joints. **Massage services are not available during the first trimester of pregnancy.*

Lymphatic

60 minutes, \$195

This gentle treatment stimulates the movement of the lymph to eliminate toxins and activate the body's immune system.

Reflexology

60 minutes, \$195

Massage of the feet and hands stimulate the energy pathways of the body with this ancient healing technique; promotes a sense of well-being and restores balance.

Cupping

60 minutes, \$205

Cupping therapy is an ancient form of alternative medicine in which suction cups of different sizes are placed on the body, creating suction, which provides deeper access into muscle bellies and draws blood and lymph to the surface of the skin. The improved blood circulation speeds up healing, reduces and eases muscle soreness. This treatment may cause discoloration as it lifts and pulls on the muscles and fascia.

BODY TREATMENTS

Signature Coconut Sumatra Body Ritual

60 minutes, \$195

Silky smooth pure organic coconut oil is combined with the stimulating and cleansing properties of sea salt to invigorate the senses while creating a healthy youthful glow in this full body exfoliation. The 60-minute experience is completed with an application of decadent coconut-vanilla lotion to seal the skin.

Citrus Lavender Softening Scrub

60 minutes, \$195

Nourishing sea minerals are used in this full body exfoliation that combines lavender's healing properties with the intoxicating aromas of bright citrus. An application of luxurious antioxidant body hydration leaves your skin smooth and silky in the 60-minute treatment. **60-minute treatment is available for expectant mothers.*

SPECIALTY TREATMENTS

Acupuncture

60 minutes, \$205

Acupuncture is an ancient art that balances the body emotionally, physically and spiritually. Sterile, disposable needles are used to adjust the chi (energy) circulating - your body's pathways to address chronic and acute problems to heal, relieve pain, promote longevity and enhance your immune system.

Reiki

60 minutes, \$195

Reiki is an ancient Japanese technique for stress reduction and relaxation that may also promote healing. The Reiki practitioner places their hands on the body to enhance the subtle energy of the recipient, resulting in a sense of calm and well-being.

SKIN CARE

HydraFacial

60 minutes, \$295

This multi-step treatment cleanses, exfoliates and extracts to get rid of impurities and dead skin cells while at the same time quenching skin with vital nutrients like antioxidants, peptides and hyaluronic acid. The amazing results are both instant and long lasting; perfect for all skin types.

Benefits: hydrating, purifying, nourishing

Masami Facial

60 minutes, \$285

Beginning with a stimulating glycolic acid and dermaflash double exfoliation, followed by a luxury choice collagen treatment, this indulgent and hydrating facial combines the healing and anti-aging powers of precious minerals to reduce the appearance of fine lines by instantly firming while reducing inflammation, redness, and puffiness. *Benefits: hydrating, anti-aging, anti-inflammatory*

Vita D Brightening Facial

60 minutes, \$205

Following a glycolic exfoliation the infusion of topical Vitamin D and special proteins promotes new cell production, restores the skin's natural moisture barrier and provides protection against environmental and sun damage. This results driven facial also includes a marine-based mask that soothes and refreshes the skin while stimulating healthy skin formation. *Benefits: anti-aging, protecting, brightening*

Emperor's Facial

60 minutes, \$195

A classic gentleman's facial geared towards men's skin care needs. Relax as your skin is hydrated and balanced to its natural pH level; an optimum choice for sensitive skin. *Benefits: hydrating, anti-inflammatory*

Benefits: hydrating, anti-inflammatory

Sanctuary Jewel

60 minutes, \$195

A classic hydrating facial that is great for all skin types. Relax as your skin is hydrated and balanced to its natural pH level; an optimum choice for sensitive skin.

Benefits: hydrating, anti-inflammatory

Men's Age Defying Facial

60 minutes, \$195

The ultimate anti-aging facial for men, customized for instant results. This hydrating facial decongests blocked pores by removing dead skin layers, while fast-acting products calm redness, repair irritation caused by shaving and protect the skin from future damage.

Benefits: exfoliating, decongesting, calming

SPA / FACIAL TREATMENT ENHANCEMENTS

Enrich your spa experience with the added benefit of one or more of the following enhancements

Hair Conditioning Mask \$30

This exotic mask will nurture and repair over-stressed hair by strengthening its natural proteins, leaving your locks full, soft and silky.

Wild Lime Scalp Enhancement \$30

Nourish your scalp with this aromatic warm wild lime oil full of essential fatty acids and vitamins; designed to promote lustrous shine.

Dermaflash \$30

Inspired by dermaplaning, DERMAFLASH removes the oldest layer of dead skin cells, built-up debris and peach fuzz, instantly revealing smooth, radiant, camera-ready skin.

New You (NuFACE) \$40

A micro current treatment stimulates and tightens the muscles of the face for an instant facelift, giving immediately visible results.

Brow Lift \$30

See instant results with the use of the NuFACE micro current treatment specifically geared towards tightening the soft tissue around the eye, resulting in an instant brow lift.

Fit and Firm Mask

This marine based mask instantly firms, plumps and smooths.

Eye \$20

Lip \$20

Neck \$30

Full face \$50

Collagen Enhancements

Relax, rebalance, and rejuvenate with a natural collagen facemasks that have multiple benefits. Repair & hydrate, brighten & energize, reduce inflammation & discoloration, smooth under eyes & lips.

Eye \$30

Neck \$40

Décolleté \$50

Full face \$50

NAIL SALON SERVICES

Paraffin \$15

Alpha Hydroxy Mask \$15

Cooling Mask (pedi only) \$15

Nail Repair \$20

Gel Removal \$20

Gel Polish Add-On \$15

Glycolic Treatment (pedi only) \$20

French Add-On \$10

Pedicures

Express Pedicure

30 minutes, \$70

Refresh your feet with a foot soak, polish removal, a cuticle and heel touch-up, and nail shaping. Hydrating lotion is applied, followed by a hydrating mist to seal in moisture. Nails are then polished to perfection.

Sports Pedicure

30 minutes, \$70

Designed with our gentlemen in mind, begin with a foot soak, a cuticle and heel touch-up, and nail shaping. Hydrating lotion is applied followed by a hydrating mist to seal in moisture. This service includes a shining buff or matte finish to complete the look.

Deluxe Pedicure

45 minutes, \$85

Begin this service with a foot soak and polish removal. Refresh your feet with an exfoliation and nourishing enzyme scrub followed by a cuticle treatment, nail trimming and shaping. A hydrating massage and warm towels are used to seal in moisture, which is then followed by a moisturizing mist. Nails are then polished to perfection.

Royal Pedicure

60 minutes, \$95

The ultimate relaxation treatment! The feet are soaked to moisturize and soften; nails are shaped and cuticles trimmed. A deeply penetrating alpha hydroxy masque is applied to loosen dead skin cells, which is then followed by a natural sugar cane scrub. Vitamin-enriched botanical balm is applied to the feet and legs along with a luxuriant body butter, which is massaged in with a warm stone. Warm towels seal in the hydration, followed by a hydrating mist. Nails are polished to perfection.

Foot & Leg Revitalizing Pedicure

60 minutes, \$105

The optimal choice for tired legs and feet! The ritual begins with an aromatic blended mineral soak followed by a nourishing enzymatic scrub with aloe and chamomile to soothe. A luxurious blend of jojoba, sweet almond and safflower oils is massaged into the legs and feet to help increase circulation. A warming paraffin wrap and a refreshing spearmint gel with arnica, ginger and tangerine extracts concludes your ritual leaving a feeling of revitalization. Also includes nail shaping, cuticle treatment and exfoliation. Nails are then polished to perfection.

Resurfacing Pedicure

60 minutes, \$105

Expect results! A gentle glycolic solution is applied to address dry, calloused skin, leaving the feet smooth and soft. Receive a hydrating foot soak, cuticle treatment, nail shaping and trimming. A glycolic resurfacing cream is then applied with the Clarisonic body brush to enhance the exfoliation. Complete this results-driven treatment with a hydrating body butter massage and warm towel wrap. Nails are polished to perfection.

Manicures

Express Manicure

30 minutes, \$65

Refresh your hands with polish removal, nail trimming and shaping, cuticle touch-up, and a hydrating lotion application. Nails are then polished to perfection.

Sports Manicure

30 minutes, \$65

Designed with our gentlemen in mind, begin with a hand soak, nail trimming and shaping, and cuticle touch-up. Receive a hydrating lotion application followed by a shining buff or matte finish to complete the look.

Deluxe Manicure

45 minutes, \$75

This service begins with a hand soak and polish removal. Cuticle treatment, and nail trimming and shaping is followed by a hydrating massage. Hands are conditioned with a warm paraffin wrap and sealed with moist towels. Nails are then polished to perfection.

Royal Manicure

60 minutes, \$85

More than a manicure! Hands are soaked to moisturize and soften; polish is removed, nails shaped, and cuticles trimmed. A deeply penetrating alpha hydroxy masque is applied to loosen surface skin cells, followed by a natural sugar cane scrub. A vitamin-enriched botanical balm is applied, along with a luxuriant body butter. Includes a warm stone massage on your arms and hands and warm towels too seal in the hydration. Nails are polished to perfection.

Gel Color Manicure

60 minutes, \$95

Long lasting gel polish that is cured by LED lights; includes gel removal, cuticle clean up, nail shaping and hydration massage. Choose from a variety of gel colors.

Foot & Leg Revitalizing Ritual

30 minutes, \$75

The optimal choice for tired legs and feet! The ritual begins with an aromatic blended mineral soak followed by a nourishing enzymatic scrub with aloe and chamomile to soothe. A luxurious blend of jojoba, sweet almond and safflower oils is massaged into the legs and feet to help increase circulation. A warming paraffin wrap and a refreshing spearmint gel with arnica, ginger and tangerine extracts concludes your ritual, leaving a feeling of revitalization. **Does not include pedicure.*

HAIR SERVICES

HAIRCUT & STYLE

- Special Occasion Hair Styling** from \$89
- Women's Cut & Styling** from \$69 to \$89
- Men's Cut & Styling** from \$49
- Children's Cut & Styling** (12 and under) from \$29
- Blow Dry & Styling** from \$49 to \$69
- Cut Only, No Style** \$49
- Add Blow Dry & Style** \$29
- Shampoo Only** \$20
- Bang Trim** \$15

SPECIALTY SERVICES

- Keratin, Full Treatment** \$249
- Oribe deep conditioning** \$59
- Add Oribe to Haircut** \$39

COLOR

- Partial Highlights** from \$119
- Full Highlights** from \$149
- Tint/Color** from \$79 to \$99

WEDDINGS

- Bridal Hair, Consultation** from \$49
- Bridal Hair, Trial** from \$89
- Bridal Hair, Wedding Day** from \$129



HOW TO SPA

Sanctuary Spa welcomes guests age 18 and older.

If you have a preference regarding the gender of your service provider, please let us know when making the reservations.

The treatment you select is for you. If your plans change, please notify us 24 hours in advance to avoid a full charge for the service.

Please check in at the spa reception desk 30 minutes early to prepare for treatment. We provide a private locker, slippers, robe and amenities. Bring workout wear and a swimsuit to enjoy our fitness center, movement studio, eucalyptus steam room, and pools. Do not bring jewelry and valuables; Sanctuary Spa is not responsible for any lost items.

Please turn off cellular phones while at the spa. Smoking is not permitted.

A 20% gratuity will be added to all spa services. Gratuity amount can be modified at your discretion.

BE INSPIRED.

