

elements

BREAKFAST BEGINNINGS

ELEMENTS HOUSE MADE GRANOLA ^{GF V} • 14

macadamia nuts, sesame seeds, pistachios
sliced almonds, cherries, toasted coconut
choice of milk or greek yogurt

OLD FASHIONED IRISH OATS ^{GF V} • 12

strawberry hazelnut dukkah
orange blossom honey, mint

CAMBRIDGE HOUSE SMOKED

SALMON & BAGEL* • 19

caper berries, red onion, tomato
cucumber, cream cheese, watercress

ACAI BOWL ^{GF V} • 18

mango, pineapple, dragon fruit, banana
toasted coconut chia crunch

STRAWBERRY & PASSION FRUIT

BREAKFAST PARFAIT ^V • 17

greek yogurt, elemental granola

ORGANIC EGGS

ELEMENTAL BREAKFAST* ^{GF} • 21

two eggs any style, breakfast potatoes
choice of toast and sausage or bacon

EGGS BENEDICT* • 24

english muffin, canadian bacon, poached eggs
citrus hollandaise, breakfast potatoes

HUEVOS RANCHEROS* • 23

fiery black beans, queso fresco, corn tortillas
chorizo, fried eggs, tomatillo salsa

SQUASH BLOSSOM &

ROASTED MUSHROOM FRITTATA* ^{GF} • 18

english peas, fresh herbs, ricotta cheese

SPECIALTIES

AVOCADO TOAST* • 22

sunny side up eggs, smashed avocado
tomato bruschetta, arugula, parmesan reggiano

LEMON RICOTTA PANCAKES • 18

honey pine nut butter, raspberries, maple syrup

BREAKFAST FRIED RICE* • 23

two wash farm fried egg, bbq bacon
chinese sausage, napa cabbage, snap peas
carrots, sriracha honey

BELGIAN WAFFLE "BANANA CREAM PIE" • 18

banana pudding, vanilla whipped cream
brown butter milk crumb & bourbon caramel

KALE & QUINOA POWER BOWL • 21

roasted sweet potato, cipollini onion
turkey sausage, scrambled egg whites
feta cheese, pumpkin seed chimichurri

BEVERAGES

FRESH JUICE • 12

orange, grapefruit, or carrot

GREEN GODDESS • 12

spinach, celery, cucumber, green apple

AZ SUNRISE • 12

orange juice, banana, yogurt, honey,
whey protein, nutmeg

JADED BLOODY MARY • 14

vodka, house bloody mary mix, tomato juice

BELLINI • 14

prosecco, peach puree, creme de peche

BROOKLYN BREAKFAST • 17

reposado tequila, amaro, espresso
house cola cordial

BOOT NECK • 17

gin, lemongrass, white port
house made tonic, egg white

COFFEE & TEA

FORTÉ TEAS • 6

ROC² COFFEE • 5

regular or decaf

ESPRESSO • 6

CAPPUCCINO • 7

LATTE • 7

NITRO COLD BREW • 7

HOUSE MADE HOT CHOCOLATE • 10

SIDES

BREAKFAST PORK SAUSAGE ^{GF} • 9

TURKEY BACON ^{GF} • 7

APPLEWOOD SMOKED BACON ^{GF} • 7

BREAKFAST POTATOES ^V • 7

MUFFIN ^V • 7

morning glory or blueberry

SIDE OF TOAST ^V • 7

nine grain, sourdough, rye, gluten free
english muffin or bagel

GF • gluten free V • vegetarian