

elements

BREAKFAST BEGINNINGS

ELEMENTS HOUSE MADE GRANOLA ^{GF V} • 9

macadamia nuts, sesame seeds, pistachios
sliced almonds, cherries, toasted coconut
choice of milk or greek yogurt

OLD FASHIONED IRISH OATS ^{GF V} • 9

five-spiced golden raisins
brown sugar, toasted walnuts

SMOKED SALMON & BAGEL* • 19

capers, red onion, tomato
cucumber, cream cheese

BLUEBERRY AÇAÍ BREAKFAST BOWL ^{GF V} • 14

banana, fresh berries, toasted coconut granola

GREEK YOGURT ^V • 10

fresh fruit, orange blossom honey, cashews, mint

ORGANIC EGGS

ELEMENTAL BREAKFAST* ^{GF} • 18

two eggs any style, breakfast potatoes
choice of bacon or sausage and toast

EGGS BENEDICT* • 19

english muffin, canadian bacon, poached eggs
citrus hollandaise, breakfast potatoes

HUEVOS RANCHEROS* ^V • 18

tomatillo salsa, fiery black beans, queso fresco
corn tortillas, chorizo, fried eggs

MUSHROOM & SPINACH FRITTATA* ^{GF} • 18

cow's dairy goat, balsamic onions
arugula, shaved parmesan

SPECIALTIES

AVOCADO TOAST* • 17

grilled artisan toast, scrambled eggs
baby heirloom tomatoes, arugula, red onion
parmesan reggiano, balsamic syrup

BUTTERMILK PANCAKES ^{GF V} • 16

honey pine nut butter, maple syrup

ELEMENTAL BREAKFAST FRIED RICE* • 17

two wash farms hen egg, bbq bacon, chinese sausage
napa cabbage, snap peas, carrots, sriracha honey

BRIOCHE FRENCH TOAST • 16

caramelized banana, nutella
mascarpone whip, hazelnut brittle

FIRE ROASTED VEGGIE WRAP* • 17

cumin scented quinoa, scrambled egg whites
roasted vegetables, kale, swiss cheese
chimichurri, whole wheat tortilla

BEVERAGES

FRESH JUICE • 7

orange, grapefruit, or carrot

GREEN GODDESS • 10

spinach, celery, cucumber, green apple

AZ SUNRISE • 10

orange juice, banana, yogurt, honey,
whey protein, nutmeg

JADED BLOODY MARY • 14

vodka, house bloody mary mix, tomato juice

CARRIBEAN SPRITZ • 17

dubonnet, prosecco, citrus, all spice dram

BELLINI • 12

prosecco, peach puree, creme de peche

BROOKLYN BREAKFAST • 17

reposado tequila, amaro, espresso
house cola cordial

COFFEE & TEA

FORTÉ TEAS • 6

ROASTERY OF CAVE CREEK COFFEE • 5

regular or decaf

ESPRESSO • 7

CAPPUCCINO • 7

LATTE • 7

NITRO COLD BREW • 7

HOUSE MADE HOT CHOCOLATE • 5

SIDES

BREAKFAST PORK SAUSAGE ^{GF} • 6

APPLEWOOD SMOKED BACON ^{GF} • 6

BREAKFAST POTATOES ^V • 5

MUFFIN ^V • 5

morning glory or blueberry

TOASTED BAGEL & CREAM CHEESE ^V • 5

SIDE OF TOAST ^V • 5

nine grain, sourdough, rye, gluten free
or english muffin

GF • gluten free V • vegetarian