

elements

FRESH START

ELEMENTS HOUSE MADE GRANOLA ^{GF V} • 9
macadamia nuts, sesame seeds, pistachios
sliced almonds, cherries, toasted coconut
choice of milk or greek yogurt

OLD FASHIONED IRISH OATS ^{GF V} • 9
five-spiced golden raisins, brown sugar
toasted walnuts

SMOKED SALMON & BAGEL* • 19
capers, red onion, tomato, cucumber
cream cheese

BLUEBERRY AÇAÍ BREAKFAST BOWL ^{GF V} • 14
banana, fresh berries, toasted coconut granola

ORGANIC EGGS

ELEMENTAL BREAKFAST* ^{GF} • 18
two eggs any style, breakfast potatoes
choice of bacon or sausage and toast

EGGS BENEDICT* • 19
english muffin, canadian bacon, poached eggs
citrus hollandaise, breakfast potatoes

OMELET RANCHERO* ^V • 17
sweet peppers, heirloom tomatoes
pepper jack, avocado

SPECIALTIES

AVOCADO TOAST* • 17
grilled artisan bread, fried eggs, baby heirloom
tomatoes, arugula, red onion
parmesan reggiano, balsamic syrup

BUTTERMILK PANCAKES ^V • 16
honey pine nut butter, maple syrup

SIDES

BREAKFAST PORK SAUSAGE ^{GF} • 6

APPLEWOOD SMOKED BACON ^{GF} • 6

BREAKFAST POTATOES ^V • 5

MUFFIN ^V • 5
morning glory or blueberry

TOASTED BAGEL & CREAM CHEESE ^V • 5

SIDE OF TOAST ^V • 5
nine grain, sourdough, rye, gluten free
or english muffin

BEVERAGES

FRESH JUICE • 7
orange, grapefruit, or carrot

GREEN GODDESS • 10
spinach, celery, cucumber, green apple

AZ SUNRISE • 10
orange juice, banana, yogurt, honey
whey protein, nutmeg

JADED BLOODY MARY • 14
house bloody mary mix, tomato juice, vodka

HOUSE MIMOSA • 12
bubbles, cointreau, fresh orange juice

BELLINI • 12
bubbles, creme de peche, peach purée

MOSCOW MULE • 14
tito's vodka, a spectacular ginger beer, lime

COFFEE & TEA

TEA FORTÉ • 6
earl grey, english breakfast, decaf breakfast
orchid vanilla, oasis green, blueberry merlot
lemon sorbetti, chamomile citron
citrus mint, moroccan mint

ROASTERY OF CAVE CREEK COFFEE • 5
regular or decaf

ESPRESSO • 7

CAPPUCCINO • 7

LATTE • 7

NITRO COLD BREW • 7

HOUSE MADE HOT CHOCOLATE • 5
whipped cream

GF • gluten free V • vegetarian