

elements

BEGINNINGS

GREEN GODDESS | 10

freshly juiced spinach, celery, cucumber, green apple

AZ SUNRISE | 10

orange juice, banana, yogurt, honey, whey protein, nutmeg

BLUEBERRY BREAKFAST PARFAIT ^v | 13

greek yogurt, passion fruit curd, cashew rice krispie treat

OLD FASHIONED

IRISH OATS ^v | 11

strawberries, toasted almonds, brown sugar

ELEMENTAL SOUP | 11

composed daily

SEASONAL FRUIT & BERRY

PLATE ^{GF} | 13

chef's selection of seasons best available

***OLD BAY POACHED SHRIMP** ^{GF} | 19

cucumber, lemon, cocktail sauce

SHRIMP & PORK POTSTICKERS | 14

sesame chive butter

TOASTED PINE NUT &

CITRUS HUMMUS ^v | 14

vegetables, cumin spiced naan bread

ENTRÉES

BLACK TRUFFLE

JADE BURGER | 24

charbroiled angus beef, caramelized onion, maple bacon, fried egg, tilamook cheddar, garlic

HJ COBB SALAD | 21

roasted chicken, crisp bacon, tomato, corn, avocado, pumpkin seeds, cheddar cheese, buttermilk basil dressing

***KOREAN BEEF &**

VEGGIE RICE BOWL | 27

cucumbers, crispy garlic, skillet roasted vegetables, sesame hoisin drizzle

***EGG WHITE FRITTATA** ^{GF v} | 17

heirloom squash, asparagus, fresh herbs, manchego cheese, arugula pesto

***KALE & ROMAINE CAESAR** | 16

crispy bacon, caper berries, grilled croutons, parmesan crisps

EL CUBANO | 16

smoked pork shoulder, prosciutto, swiss cheese, pickles, mustard

BREAKFAST QUESADILLA ^v | 16

scrambled eggs, roasted poblano, cheddar jack, salsa roja

ELEMENTAL FAVORITES

LEMON RICOTTA PANCAKES ^v | 17

raspberries, pine nut butter

***GREEN CHILI PORK STEW** | 17

poached eggs, white cheddar grits, charred poblanos, bbq cracklings

VEGAN TOFU & BLACK BEAN SCRAMBLE ^v | 16

sourdough toast, avocado, salsa roja, jalapeno

BELGIAN BANANA WAFFLE

(CHURRO STYLE) ^v | 16

nutella, cinnamon sugar

BRIOCHE FRENCH TOAST ^v | 17

passion fruit curd, macerated strawberries, whipped cream

***COUNTRY BENEDICT** | 18

buttermilk biscuits, house made sausage, mustard greens, citrus hollandaise

SPA BENTO BOX

healthy twist on traditional japanese bento boxes using the freshest seasonal local organic farmed ingredients. each bento box is served with brown rice, steamed vegetables and pickled cucumber salad.

***MISO SALMON** | 26

BBQ TOFU ^v | 18

ROASTED CHICKEN | 21

GRILLED SHRIMP | 24

BRUNCH SIDES

breakfast pork sausage^{GF} | 6

smoked chicken apple sausage^{GF} | 6

applewood smoked bacon^{GF} | 6

breakfast potatoes^v | 5

morning glory muffin or blueberry muffin^v | 6

toasted bagel & cream cheese^v | 5

nine grain, sourdough, rye, gluten free, or english muffin^v | 5

cottage cheese^{GF v} | 5