

Forbes Four-Star Spa Rating
Forbes Travel Guide 2018

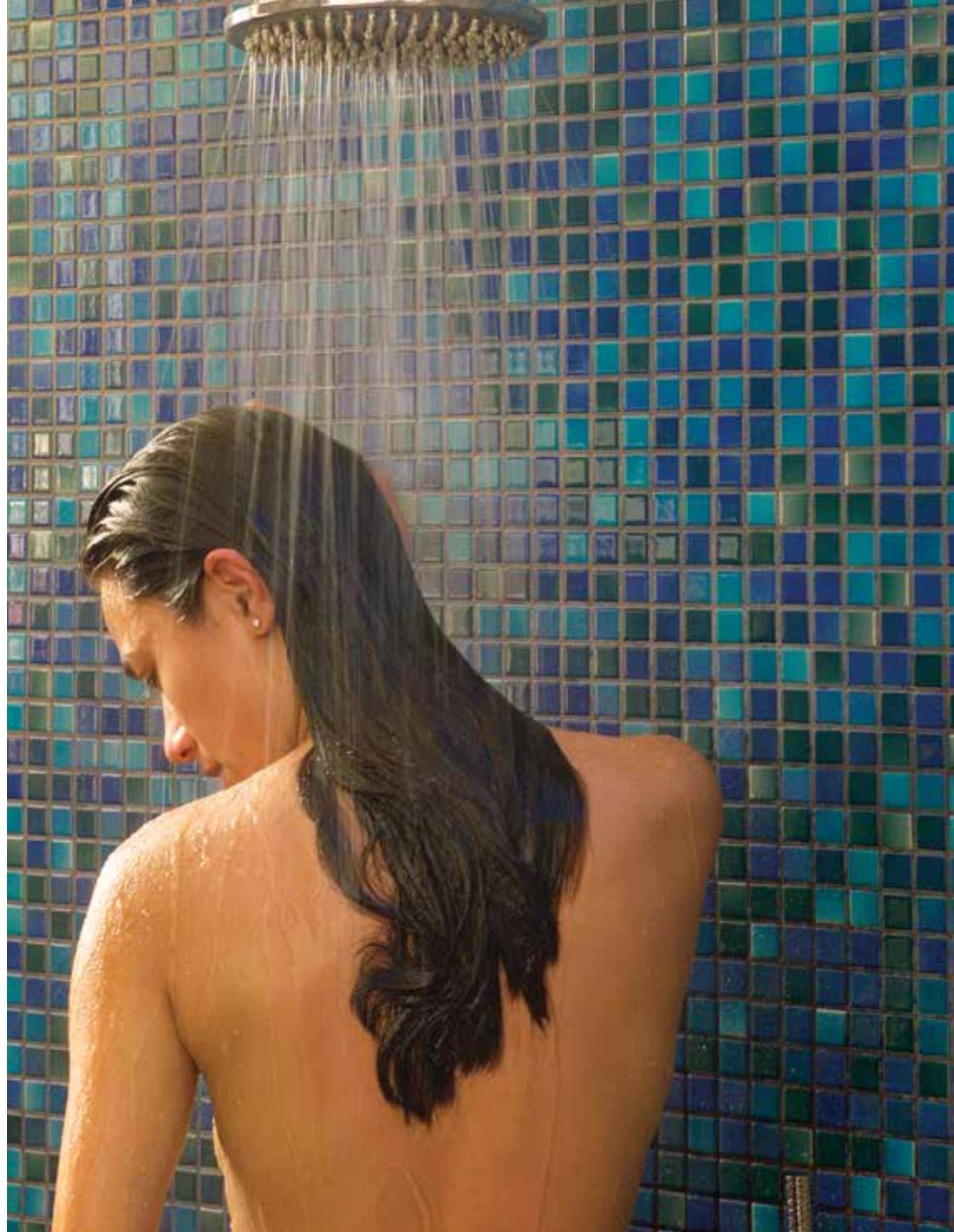
Most Beautiful Spa Destinations in America
Architectural Digest 2018




SANCTUARY
camelback mountain
resort and spa
Redefining Luxury.

5700 E. McDonald Drive
Paradise Valley, AZ 85253

Spa Reservations 877.235.6226
spareception@sanctuaryaz.com
SanctuaryAZ.com



SANCTUARY SPA

HOW TO SPA

Sanctuary welcomes guests age 16 and older; those under 18 must be accompanied by an adult during treatments.

If you have a preference regarding the gender of your service provider, let us know when making reservations.

The treatments you select are reserved for you. If your plans change, please notify us four hours in advance to avoid a full charge for the service.

Please check in at the spa reception desk 30 minutes early to prepare for your treatment. We provide a private locker, slippers, robe and amenities. Bring workout wear and a swimsuit to enjoy our fitness center, movement studio, steam room and pools. Do not bring jewelry and valuables; Sanctuary Spa is not responsible for any lost items.

Cellular phones must be turned off while at the spa. Smoking is not permitted.

A 20% gratuity will be added to all spa services. Gratuity amount can be modified at your discretion.

Spa hours: 6am to 8:30pm

Treatments: 7am to 8:30pm

Boutique hours: 8am to 6pm

Salon hours: 9am to 6pm

Fitness Center hours: 5am to 11pm



BE INSPIRED.

Leave the everyday world behind and escape to the Asian-inspired spa with indoor and outdoor treatment rooms, a movement studio, and distinctive touches like the Sanctum Suite, Zen meditation garden and Watsu® pool. Enjoy a setting of rejuvenating intimacy at Sanctuary Spa...featuring a variety of signature treatments, outdoor adventures, and Satori wellness retreats.



SIGNATURE EXPERIENCES

satori wellness

Gain a new perspective on life and health at Sanctuary's Satori Wellness Retreat. Satori is a Japanese term meaning "enlightenment" or "awakening," and your customized retreat will awaken your body, mind and spirit. Your unique wellness journey includes delicious, healthy meals, a personalized fitness program, and distinctive spa services for body and spirit well-being. Each element is tailored to your individual needs amidst the breathtaking views and relaxing amenities found at this boutique resort nestled on Camelback Mountain.

A healthy lifestyle consultation and cutting-edge spa services grounded in centuries-old traditions, plus a variety of fitness styles and activities – such as private Pilates, yoga, hiking and biking, or tennis – are all available as part of your custom experience. Each day, enjoy inspired and nutritious meals prepared by our award-winning Chef Beau MacMillan and his amazing culinary team.

Savor the tranquility of your own private, luxurious casita-style room to emerge awakened and refreshed. For your personal Satori program, call 888.722.6230.

spa membership

A world of exclusive benefits awaits those looking to become a Sanctuary Resort Spa member. Membership benefits offer an array of amenities and discounts to enjoy at leisure. To arrange a private tour and learn more about membership privileges, initiation, and dues please call 888.722.6230.

sanctum

with a service:

one hour, \$50 • half day, \$125 • full day, \$250

without a service:

one hour, \$125 • half day, \$300 • full day, \$500

The perfect setting for a romantic retreat or quiet getaway, the stone-walled Sanctum boasts a vitality pool and deluge shower...reflecting elements of earth, water, metal and air.

A private, shaded outdoor suite for one or two people, this hideaway is available seasonally for most spa services.

Fees for treatments are additional.

couple's suite

A private retreat for enjoying treatments together, the Couple's Suite features a cozy fireplace and the tranquil Asian design that graces the entire spa.

SANCTUARY SPA DAY PACKAGES

Make the most of your spa experience with a fascinating variety of packages that will show you the best of Sanctuary Spa. All Day Packages include gratuity in the pricing. Packages only available Monday–Thursday.

relaxation

Monday–Thursday: \$358

Savor the best of Sanctuary with a 60-minute custom massage and 60-minute Sanctuary Jewel or Emperor facial.

rejuvenation

Monday–Thursday: \$347

Complement a 60-minute custom massage with a Royal Manicure and Pedicure.

motherhood

Monday–Thursday: \$447

The mother-to-be will be treated to a 60-minute Motherhood Massage or 60-minute Motherhood Watsu®, a 60-minute Jewel Facial and a Royal Pedicure.

Motherhood Massages are not available during the first trimester.

nagare experience

Monday–Thursday: \$368

Nagare, Japanese for "current or stream," is innate to this balanced duo of treatments that is focused on therapeutic relaxation. You become one with the water and your energy more fluid, and a natural flow occurs as your body is supported through rocking, cradling and spinal traction in a 60-minute Watsu® session. Once you have become completely relaxed with the flowing Watsu® experience, you are guided back to earth to receive the maximum benefits of a 60-minute custom massage.

romance

Monday–Thursday: \$840

Create a lasting memory with your partner during a unique and romantic experience at Sanctuary Spa. Learn tailored massage techniques to share with each other with the 90-minute Massage 101, relax in a 60-minute Couple's Massage, and enjoy side-by-side Royal Pedicures. Complimentary chocolate-covered strawberries and a glass of champagne complete the day.

MASSAGE AND BODY THERAPIES

custom

Monday–Thursday: 60 minutes, \$179 • 90 minutes, \$269

Friday–Sunday: 60 minutes, \$189 • 90 minutes, \$279

This traditional massage is customizable to meet your specific needs. With pressure ranging from light to firm, it will soothe and relax the body, improving circulation, relieving tension and eliminating muscle fatigue.

motherhood

Monday–Thursday: 60 minutes, \$179 • 90 minutes, \$269

Friday–Sunday: 60 minutes, \$189 • 90 minutes, \$279

A gentle massage that focuses on the specific needs of expectant mothers; intended to alleviate muscle tension, aches and stress on weight-bearing joints.

Massage services are not available during the first trimester of pregnancy.

lymphatic

Monday–Thursday: 60 minutes, \$179 • 90 minutes, \$269

Friday–Sunday: 60 minutes, \$189 • 90 minutes, \$279

This gentle treatment stimulates the movement of the lymph to eliminate toxins and activate the body's immune system.

wild lime blossom

Monday–Thursday: 90 minutes, \$269

Friday–Sunday: 90 minutes, \$279

Allow your mind and body to unwind with an aromatic full-body relaxation massage. This experience begins with the luxury of warm wild lime oil massaged into the scalp, neck and shoulders.

reflexology

Monday–Thursday: 30 minutes, \$99 • 60 minutes, \$179

Friday–Sunday: 30 minutes, \$109 • 60 minutes, \$189

Massage of the feet and hands stimulates the energy pathways of the body with this ancient healing technique; promotes a sense of well-being and restores balance.

sanctuary salt stone

Monday–Thursday: 60 minutes, \$189

Friday–Sunday: 60 minutes, \$199

This highly relaxing and re-mineralizing body massage uses warm, hand-carved salt stones from the Himalayan Mountains to balance the central nervous system and nourishes depleted cells, leaving the body in a deep sense of relaxation. Stimulation of specific meridians on the body allows for improved sleep and reduced inflammation, and gives an immediate sense of improved well-being.

cupping

Monday–Thursday: 60 minutes, \$189 • 90 minutes, \$279

Friday–Sunday: 60 minutes, \$199 • 90 minutes, \$289

Cupping therapy is an ancient form of alternative medicine in which suction cups of different sizes are placed on the body, creating suction which provides deeper access into muscle bellies and draws blood and lymph to the surface of the skin. The improved blood circulation speeds up healing, reduces pain and eases muscle soreness. This treatment may cause discoloration as it lifts and pulls on the muscles and fascia.

scalp massage

Monday–Thursday: 30 minutes, \$99

Friday–Sunday: 30 minutes, \$109

This tension-relieving scalp and neck massage includes nourishing warm wild lime oil.

☑ **Also available as a dry scalp and neck massage.**

massage 101

Monday–Thursday: 90 minutes, \$269

Friday–Sunday: 90 minutes, \$279

A creative, interactive and partner-building opportunity for couples to learn how to massage each other. Emerge inspired with professional techniques to use at home.

in harmony massage

Monday–Thursday: 60 minutes, \$339

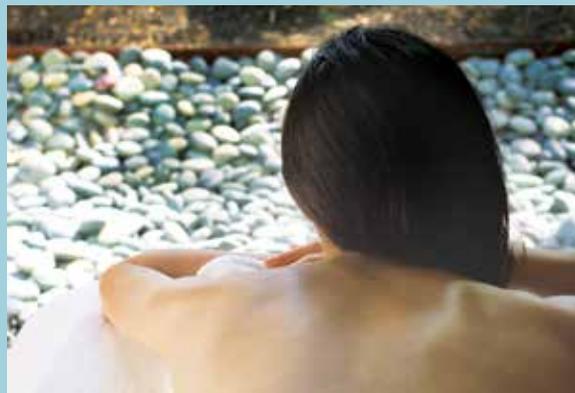
Friday–Sunday: 60 minutes, \$349

For everyone who enjoys the tranquility of massage, imagine the luxury of two massage therapists working in tandem. This choreographed massage uses long flowing strokes of medium to light pressure to create a deeply relaxing experience.

couple's massage

Price based on services selected.

Choose to receive your massage in the indoor couple's suite for no additional charge; subject to availability.



AQUATIC MASSAGE

Aquatic experiences take place in Sanctuary's private, heated Watsu® pool. Wear a bathing suit and refrain from heavy meals for at least two hours prior to receiving any of these aquatic treatments.

watsu

Monday–Thursday: 60 minutes, \$189 • 90 minutes, \$279

Friday–Sunday: 60 minutes, \$199 • 90 minutes, \$289

This deeply relaxing and nurturing experience is a passive form of aquatic therapy that supports and gently cradles, rocks and stretches the body through warm water in graceful fluid movements. The support of the water provides relief from compression forces on the joints and promotes enhanced range of motion for the spine and extremities.

motherhood watsu

Monday–Thursday: 60 minutes, \$189 • 90 minutes, \$279

Friday–Sunday: 60 minutes, \$199 • 90 minutes, \$289

Expectant mothers can enjoy the feeling of weightlessness while releasing the muscle tension and aches associated with pregnancy. This gentle therapy provides relief for the many physical changes experienced during the prenatal period. The resulting experience creates a beautiful bond between mother and baby.

Motherhood services are not available during the first trimester of pregnancy. Watsu® is a registered trademark assigned to Harold Dull.

BODY TREATMENTS

signature wakai renewal

Monday–Thursday: 60 minutes, \$179 • 90 minutes, \$269

Friday–Sunday: 60 minutes, \$189 • 90 minutes, \$279

"Wakai" is the Japanese word for forever young.

Begin this aromatic journey to renewal with an exfoliation that bathes the body in refreshing nutrients and minerals, and saturates the skin with intense moisturizers. A rich, berry-infused cream is applied, completing the 60-minute experience. The 90-minute ritual includes an antioxidant, anti-inflammatory mask wrap that helps to maintain the skin's youthfulness, as well as a scalp and neck massage with a revitalizing fresh berry serum. Also enjoy a 30-minute full body massage using Vitamin C-rich, cloudberry-infused cream to leave the skin renewed.

coconut sumatra body ritual

Monday–Thursday: 60 minutes, \$179 • 90 minutes, \$269

Friday–Sunday: 60 minutes, \$189 • 90 minutes, \$279

Silky smooth, pure organic coconut oil is combined with the stimulating and cleansing properties of sea salt to invigorate the senses while creating a healthy youthful glow in this full-body exfoliation. The 60-minute experience is completed with an application of decadent coconut-vanilla lotion to seal the skin. The 90-minute experience includes a vegan organic body butter wrap that nourishes the skin while a soothing foot massage melts away any remaining tension. Also enjoy a relaxing 30-minute Swedish-style massage with the coconut-vanilla lotion.

citrus lavender softening scrub

Monday–Thursday: 60 minutes, \$179 • 90 minutes, \$269

Friday–Sunday: 60 minutes, \$189 • 90 minutes, \$279

Nourishing sea minerals are used in this exfoliation that combines healing lavender with the intoxicating aroma of bright citrus. An application of hydrating antioxidant cream leaves your skin soft and silky in the 60-minute treatment. The 90-minute treatment includes a relaxing massage.

☑ **60-minute treatment is available for expectant mothers.**

sawan rejuvenating body delight

Monday–Thursday: 90 minutes, \$269 • 2 hours, \$349

Friday–Sunday: 90 minutes, \$279 • 2 hours, \$359

Delight in the hydrating, restorative benefits of the first rains of the monsoon, known as "Sawan." Warm herbal poultices are massaged along the energy lines of the spine to begin the relaxation process. A moisturizing body polish gently prepares the skin for a replenishing body wrap of tropical fruit extracts. These natural extracts of pineapple and tamarind act synergistically to rebalance the skin's moisture and restore its vital energies. The result is softer, younger-looking skin.

bodhi stimulating body treatment

Monday–Thursday: 90 minutes, \$269 • 2 hours, \$349

Friday–Sunday: 90 minutes, \$279 • 2 hours, \$359

Experience "Bodhi," or a feeling of awakening, as you emerge with renewed vitality from this invigorating body treatment. A gentle body polish prepares the skin for a spicy, warming body mask wrap which improves circulation, nourishes the skin and invigorates the metabolism. Warm herbal poultices are used to gently massage, contour and lift the facial muscles while in the wrap. A relaxing Swedish-style massage uses a blend of black pepper, clove bud and kaffir lime essential oils to help break down fatty deposits, eliminate toxins, and increase lymphatic drainage.

ASIAN-INSPIRED TREATMENTS

thai massage

Monday–Thursday: 90 minutes, \$279

Friday–Sunday: 90 minutes, \$289

One of the ancient healing arts of traditional Thai medicine, adapted to be performed on a massage table. This treatment incorporates the principles of yoga with massage and mindfulness by using stretching and slow, rhythmic compressions along the body's energy lines to induce relaxation and rejuvenation.

sabai foot

Monday–Thursday: 60 minutes, \$179

Friday–Sunday: 60 minutes, \$189

Sabai means to relax and be comfortable. This traditional Thai ritual begins with a refreshing kaffir lime exfoliation; the feet and lower legs are massaged using a heated herbal poultice along with a wooden dowel and a revitalizing peppermint cream, creating a sense of well-being that permeates spirit, mind and body.

zen shiatsu

Monday–Thursday: 60 minutes, \$189 • 90 minutes, \$279

Friday–Sunday: 60 minutes, \$199 • 90 minutes, \$289

This dynamic hands-on healing system uses the power of touch, pressure and gentle stretching techniques. Serenity and balance result from this traditional Japanese massage.

tao of golf

Monday–Thursday: 60 minutes, \$179

Friday–Sunday: 60 minutes, \$189

Both golfers and non-golfers alike will benefit from this service. It's designed to warm, stretch, and release tight and tired muscles with a blend of advanced bodywork techniques including Thai, therapeutic and resistance stretching; both a relaxing and an effective treatment.

reiki

Monday–Thursday: 60 minutes, \$179

Friday–Sunday: 60 minutes, \$189

Reiki is an ancient Japanese technique for stress reduction and relaxation that may also promote healing. The Reiki practitioner places their hands on the body to enhance the subtle energy of the recipient, resulting in a sense of calm and well-being.

soul connect

Monday–Thursday: 90 minutes, \$269 • 2 hours, \$349

Friday–Sunday: 90 minutes, \$279 • 2 hours, \$359

Connect with your higher self and lift your spirit by aligning your physical, emotional, and spiritual being. The journey begins by setting your intention with the help of divinity cards. Be guided into a meditation that will set the tone to connect you with your higher self. Experience an intuitively guided combination of chakra balancing, massage and energy work.

sanctuary open

Monday–Thursday: 90 minutes, \$269

Friday–Sunday: 90 minutes, \$279

Gently stretch your body with restorative yoga-inspired postures, Thai stretches and compressions. Therapeutic techniques, along with massage using tennis balls, provide a deep release for your body. Homecare techniques will be shared to support ongoing self-care in the relief of tight shoulders, hips, and back.

luk pra kope A SANCTUARY SIGNATURE TREATMENT

Monday–Thursday: 2 hours, \$359

Friday–Sunday: 2 hours, \$369

Meaning "to massage with medicinal herbs," this journey begins with a kaffir lime exfoliation of the feet. Organically grown herbs are steamed, rolled and pressed along the energy pathways of the body. Coupled with Thai massage, the heated herbal compress soothes tired muscles, enhances circulation, improves joint mobility, and creates a sense of balance and harmony.

tok sen A SANCTUARY SIGNATURE TREATMENT

Monday–Thursday: 90 minutes, \$279 • 2 hours, \$359

Friday–Sunday: 90 minutes, \$289 • 2 hours, \$369

The fluidity of Thai massage is blended with vibration therapy for a rare and unique experience. This healing treatment from Thailand uses a tapping technique (Tok) that evens the flow of energy along the meridians (Sen) that is both meditative and restorative.

golden lotus balancing ritual

Monday–Thursday: 90 minutes, \$269

Friday–Sunday: 90 minutes, \$279

Rooted in traditional Chinese and Japanese herbal medicine, an herbal blend is chosen specifically to help balance the yin and yang energy. These finely ground, powerful healing herbs are applied to the body before it's wrapped in a cocoon to enhance their absorption. Gentle and relaxing acupressure focuses on balancing the central channel and is designed to restore the body's natural energetic flow. Finally, a blend of herbal homeopathic cream is applied to further balance the body, mind and spirit.

couple's asian-inspired services

Price based on services selected.

Choose to receive your Asian-inspired services in the indoor couple's suite for no additional charge; subject to availability.

SPECIALTY TREATMENTS

acupuncture

Monday–Thursday: 60 minutes, \$189

Friday–Sunday: 60 minutes, \$199

Acupuncture is an ancient art that balances the body emotionally, physically and spiritually. Sterile, disposable needles are used to adjust the chi (energy) circulating your body's pathways to address chronic and acute problems to heal, relieve pain, promote longevity and enhance your immune system.

acussage

Monday–Thursday: 90 minutes, \$279

Friday–Sunday: 90 minutes, \$289

Blending the benefits of acupuncture and massage, this service uses acupuncture to balance the meridians, and massage to relax the muscles. While the acupuncture focuses on the internal, the massage focuses on the external, promoting relaxation and putting the body in a state to enhance health and longevity.

hypnotherapy

Monday–Thursday: 60 minutes, \$189 • 90 minutes, \$279

Friday–Sunday: 60 minutes, \$199 • 90 minutes, \$289

The word hypnosis comes from the Greek word hypno, which means "sleep." During the subtle shift from wakefulness into sleep there is a small window into time and space that allows the mind to relax into positive, affirming suggestions. This Altered State of Consciousness (ASC) is where hypnotic therapy works. The goal of the therapy is to activate the mind-body pathways and offer relief associated with the individual's wants and needs. This mind-body therapy can assist with a range of concerns from anxiety to behavior changes and pain management.

tarot

Monday–Thursday: 60 minutes, \$179 • 90 minutes, \$269

Friday–Sunday: 60 minutes, \$189 • 90 minutes, \$279

Experience the power and wisdom of the "Hero's Journey," this ancient tool of divination. The universal archetypes within the Tarot deck provide guidance and insight as your own unique path unfolds. Recording of your personal session is available.

guided imagery meditation

Monday–Thursday: 60 minutes, \$179

Friday–Sunday: 60 minutes, \$189

Soothing music and rich imagery are combined to reveal the power of the inner healer. This highly forced state of awareness and concentration transforms perceived limitations into pure potential. Medical centers and sports psychologists utilize this practice to expedite the healing process.

labyrinth walking meditation

Monday–Thursday: 60 minutes, \$179 • 90 minutes, \$269

Friday–Sunday: 60 minutes, \$189 • 90 minutes, \$279

Reconnect with inner peace and a renewed sense of purpose while walking the pathways of the Seven Path Classical Labyrinth. The mysterious winding path that takes you to the center becomes a metaphor for the healing journey and a mirror for where you are in your life. A \$30 transportation fee may apply.

nutrition

Monday–Thursday: 60 minutes, \$179 • 90 minutes, \$269

Friday–Sunday: 60 minutes, \$189 • 90 minutes, \$279

Our nutrition expert will assess and make recommendations on how to improve your diet and well-being. Learn the most effective ways to achieve your personal health, fitness, or weight loss goals.

astrology

Monday–Thursday: 60 minutes, \$179 • 90 minutes, \$269

Friday–Sunday: 60 minutes, \$189 • 90 minutes, \$279

Astrology is a symbol system calculated to create a map of the heavens reflecting your individual journey. The Astrological Chart is a tool for self-understanding and development. The better you understand yourself, the more fulfilling your life can be. Your chart will map out your direction, where you've been, where you are now and where you are going. This enables you to recognize change, transformation and growth. At least 24 hours before your appointment, please give the Spa your place, date and time of birth.

Please book at least 24 hours in advance.

numerology

Monday–Thursday: 60 minutes, \$179 • 90 minutes, \$269

Friday–Sunday: 60 minutes, \$189 • 90 minutes, \$279

Learn the Pythagorean "Life Path System" of numerology. Calculating your birth date to a single digit, hidden talents and potential are revealed. Insight into relationships and your personal year is also available through this ancient system. In seeking to fulfill the old adage of "know thyself," you will find numerology to be one of the most powerful and simple tools used. Recording of your personal session is available.

Please book at least 24 hours in advance.

IN-ROOM THERAPIES

sweet dreams

Monday - Thursday: 30 minutes, \$179

Friday - Sunday: 30 minutes, \$189

Unwind for a restful night's sleep as you inhale the intoxicating aromas of bright citrus and balancing lavender. Relax as nourishing sea minerals are combined with lavender's healing properties in a full body exfoliation. The invigorating scrub is followed by a calming scalp massage to prepare you for a relaxing hot bath and soothing tea service.

Only available in rooms with tubs.

in-room massage

Choose a massage to enjoy in the privacy of your own casita.

An additional \$75 charge will apply to any in-room service.

SKIN CARE

A combination of skin analysis, cleansing, extractions, exfoliation, moisturizer and masque will leave you in a deep state of relaxation. We recommend avoiding sun exposure for 24 hours before and after any facial treatment.

HydraFacial

BENEFITS - hydrating, purifying, nourishing

Monday–Thursday: 30 minutes, \$199 • 60 minutes, \$279 Friday–Sunday: 30 minutes, \$209 • 60 minutes, \$289

This multi-step treatment cleanses, exfoliates and extracts to get rid of impurities and dead skin cells while at the same time quenching skin with vital nutrients like antioxidants, peptides and hyaluronic acid. The amazing results are both instant and long-lasting; perfect for all skin types.

natural facelift facial

Monday–Thursday: 90 minutes, \$279

Friday–Sunday: 90 minutes, \$289

Sophisticated technology is used for deep cleansing and product penetration in this exceptionally results-oriented facial. Ultrasonic and micro current therapy work to stimulate fibroblasts, produce more collagen and elastin, increase blood flow and encourage lymphatic drainage. Plant stem cell serum and hyaluronic acid slow cellular damage by plumping and firming the skin for a youthful look. Also includes the NuFACE micro current treatment to tighten the facial muscles for an instant facelift.

BENEFITS - anti-aging, sculpting, regenerating

skin fit facial

Monday–Thursday: 90 minutes, \$279

Friday–Sunday: 90 minutes, \$289

Powerful natural skin-nourishing proteins restore depleted, damaged cells to a more vibrant, youthful condition. Collagen is stimulated and fine lines are plumped and filled to give a smoother appearance. The NuFACE micro current treatment tightens the facial muscles for an instant facelift. Results are dramatic after one treatment.

BENEFITS - exfoliating, sculpting, anti-aging

sanctuary luxury facial

Monday–Thursday: 90 minutes, \$279

Friday–Sunday: 90 minutes, \$289

The healing art of Chakra stone balancing along with restorative stones and crystals placed on the face, neck and shoulders are used to promote deep relaxation, release stress and revitalize the soul in this treatment fit for royalty. Warm herbal poultices are gently rolled along the face for lymphatic stimulation and contouring, and a customized selection of targeted, natural plant-based products achieves visible results. Both a hand and foot enhancement are included in this deluxe facial.

BENEFITS - balancing, restorative, hydrating

masami facial

Monday–Thursday: 60 minutes, \$189

Friday–Sunday: 60 minutes, \$199

Experience a premier quality, luxury choice collagen treatment. Using GEMCLICAL technology, this indulgent and hydrating facial combines the healing and anti-aging powers of precious minerals to reduce the appearance of fine lines and wrinkles while reducing inflammation, redness and puffiness.

BENEFITS - hydrating, anti-aging, anti-inflammatory

vita d brightening facial

Monday–Thursday: 60 minutes, \$189

Friday–Sunday: 60 minutes, \$199

An infusion of topical Vitamin D and special proteins promotes new cell production, restores the skin's natural moisture barrier and provides protection against environmental and sun damage. This results-driven facial also includes a marine-based mask that soothes and refreshes the skin while stimulating healthy skin formation.

BENEFITS - anti-aging, protecting, brightening

emperor's facial

Monday–Thursday: 60 minutes, \$179

Friday–Sunday: 60 minutes, \$189

A classic gentleman's facial geared towards men's skin care needs. Relax as your skin is hydrated and balanced to its natural pH level; an optimum choice for sensitive skin.

BENEFITS - hydrating, anti-inflammatory

sanctuary jewel

Monday–Thursday: 60 minutes, \$179

Friday–Sunday: 60 minutes, \$189

A classic hydrating facial that is great for all skin types. Relax as your skin is hydrated and balanced to its natural pH level; an optimum choice for sensitive skin.

BENEFITS - hydrating, anti-inflammatory

men's age-defying facial

Monday–Thursday: 60 minutes, \$179

Friday–Sunday: 60 minutes, \$189

The ultimate anti-aging facial for men, customized for instant results. This hydrating facial decongests blocked pores by removing dead skin layers, while fast-acting products calm redness, repair irritation caused by shaving, and protect the skin from future damage.

BENEFITS - exfoliating, decongesting, calming

resurfacing treatment

Monday–Thursday: 30 minutes, \$119

Friday–Sunday: 30 minutes, \$129

This results-driven resurfacing treatment uses a glycolic solution to instantly dissolve dead skin layers and decongest blocked pores. Fast-acting products target the repair of redness and irritation caused by daily environmental exposure. Ideal for ongoing care or as an immediate, deep exfoliation.

BENEFITS - exfoliating, smoothing, hydrating

SPA/FACIAL TREATMENT ENHANCEMENTS

Enrich your spa experience with the added benefit of one or more of the following enhancements.

hair conditioning mask \$29

This exotic mask will nurture and repair over-stressed hair by strengthening its natural proteins, leaving your locks full, soft and silky.

wild lime scalp enhancement \$29

Nourish your scalp with this aromatic, warm, wild lime oil full of essential fatty acids and vitamins, designed to promote lustrous shine.

hand enhancement \$29

A rich blend of palm, soy, jojoba, and organic coconut oils plus shea butter, vitamin E, and essential oils moisturizes and leaves the skin smooth and supple. Finish with matcha brightening hand cream designed to soothe and soften the hands.

foot enhancement \$29

A rich blend of palm, soy, jojoba, and organic coconut oils plus shea butter, vitamin E, and essential oils moisturizes and leaves the skin smooth and supple. Finish with peppermint foot cream designed to soothe and soften the feet.

dermaflash \$29

Inspired by dermaplaning, DERMAFLASH removes the oldest layer of dead skin cells, built-up debris and peach fuzz, instantly revealing smooth, radiant, camera-ready skin.

new you (NuFACE) \$39

A micro-current treatment stimulates and tightens the muscles of the face for an instant facelift, giving immediately visible results.

brow lift \$29

See instant results with the use of the ELE NuFACE micro-current treatment specifically geared toward tightening the soft tissue around the eye, resulting in an instant brow lift.



COLLAGEN ENHANCEMENTS

Repair & firm, lift and hydrate, brighten and energize, reduce dark circles and puffiness, minimize pores, inflammation and discoloration, smooth under eyes and lips.	eye	\$30
	lip	\$30
	neck	\$40
	full face	\$50
	hand & décolletage	\$50

FIT & FIRM MASK

This marine based mask instantly firms, plumps and smoothes.	eye	\$20
	lip	\$20
	neck	\$30
	full face	\$50

WAXING SERVICES

chin	\$29	eyebrow	\$39
lip	\$29	eyebrow shaping	\$49
full face	\$59		

NAIL SALON SERVICES

NAIL SERVICE ENHANCEMENTS

parafin	\$15
(manicure only) gel polish add-on	\$15
gel removal	\$20
alpha hydroxy mask	\$15
(pedicure only) cooling mask	\$15
(pedicure only) glycolic treatment	\$20
nail repair	\$20
french add-on	\$10

MANICURES

express manicure 30 minutes, \$59
Refresh your hands with polish removal, nail trimming and shaping, cuticle touch-up, and a hydrating lotion application. Nails are then polished to perfection.

sports manicure 30 minutes, \$59
Designed with our gentlemen in mind, this service begins with a hand soak, nail trimming and shaping, and cuticle touch-up. Receive a hydrating lotion application followed by a shining buff or matte finish to complete the look.

deluxe manicure 45 minutes, \$69
This service begins with a hand soak and polish removal. Cuticle treatment, and nail trimming and shaping, are followed by a hydrating massage. Hands are conditioned with a warm paraffin wrap and sealed with moist towels. Nails are then polished to perfection.

royal manicure 60 minutes, \$79
More than a manicure! Hands are soaked to moisturize and soften; polish is removed, nails shaped, and cuticles trimmed. A deeply penetrating alpha hydroxy masque is applied to loosen surface skin cells, followed by a natural sugar cane scrub. A vitamin-enriched botanical balm is applied, along with a luxuriant body butter. Includes a warm stone massage on your arms and hands, and warm towels too seal in the hydration. Nails are polished to perfection.

gelcolor manicure 60 minutes, \$89
Long-lasting gel polish is cured by LED lights; includes gel removal, cuticle clean-up, nail shaping and hydration massage. Choose from a variety of gel colors.

PEDICURES

express pedicure 30 minutes, \$69
Refresh your feet with a foot soak, polish removal, a cuticle and heel touch-up, and nail shaping. Hydrating lotion is applied, followed by a hydrating mist to seal in moisture. Nails are then polished to perfection.

sports pedicure 30 minutes, \$69
Designed with our gentlemen in mind, this service begins with a foot soak, a cuticle and heel touch-up, and nail shaping. Hydrating lotion is applied, followed by a hydrating mist to seal in moisture. This service includes a shining buff or matte finish to complete the look.

deluxe pedicure 45 minutes, \$79
Begin this service with a foot soak and polish removal. Refresh your feet with an exfoliation and nourishing enzyme scrub followed by a cuticle treatment, nail trimming and shaping. A hydrating massage and warm towels are used to seal in moisture, which is followed by a moisturizing mist. Nails are then polished to perfection.

royal pedicure 60 minutes, \$89
The ultimate relaxation treatment! The feet are soaked to moisturize and soften; nails are shaped and cuticles trimmed. A deeply penetrating alpha hydroxy masque is applied to loosen dead skin cells, then followed by a natural sugar cane scrub. Vitamin-enriched botanical balm is applied to the feet and legs along with a luxuriant body butter, which is massaged in with a warm stone. Warm towels seal in the hydration, followed by a hydrating mist. Nails are polished to perfection.

foot & leg revitalizing pedicure 60 minutes, \$99
The optimal choice for tired legs and feet! The ritual begins with an aromatic blended mineral soak followed by a nourishing enzymatic scrub with aloe and chamomile to soothe. A luxurious blend of jojoba, sweet almond and safflower oils is massaged into the legs and feet to help increase circulation. A warming paraffin wrap and a refreshing spearmint gel with arnica, ginger and tangerine extracts concludes your ritual, leaving a feeling of revitalization. Also includes nail shaping, cuticle treatment and exfoliation. Nails are then polished to perfection.

resurfacing pedicure 60 minutes, \$99
Expect results! A gentle glycolic solution is applied to address dry, callused skin, leaving the feet smooth and soft. Receive a hydrating foot soak, cuticle treatment, nail shaping and trimming. A glycolic resurfacing cream is then applied with the Clarisonic body brush to enhance the exfoliation. Complete this results-driven treatment with a hydrating body butter massage and warm towel wrap. Nails are polished to perfection.

SALON EXPERIENCES

foot & leg revitalizing ritual

30 minutes, \$69

Excellent for tired legs and feet! The ritual begins with an aromatic citrus blended mineral soak followed by a nourishing enzymatic scrub with aloe and chamomile to soothe. A luxurious blend of oils is massaged into the legs and feet to help increase circulation. A refreshing spearmint gel with arnica, ginger and tangerine extracts concludes your ritual, leaving a feeling of revitalization. *The ritual does not include a pedicure.*

HAIRCUT & STYLE

special occasion hair styling	from \$89
ladies' cut & styling	from \$69 to \$89
men's cut & styling	from \$49
(12 & under) children's cut & styling	from \$29
blow dry & styling	from \$49 to \$69
cut only, no style	\$49
add blow dry & style	\$29
shampoo only	\$20
bang trim	\$15
beard trim	\$15

COLOR

partial highlights	from \$119
full highlights	from \$149
tint \ color	from \$79 to \$99

SPECIALTY SERVICES

keratin, full treatment	\$249
oribe deep conditioning	\$59
add oribe to haircut	\$39

MAKEUP

makeup lesson	\$89
makeup application	\$89
add false lashes	\$39

WEDDINGS

bridal hair, consultation	from \$49
bridal hair, trial	from \$89
bridal hair, wedding day	from \$129
bridal makeup, trial	from \$89
bridal makeup, wedding day	from \$99

LASH EXTENSIONS

2 hour, initial full set	from \$249
1 hour, touch-up set	from \$129

Synthetic mink lashes are adhered to existing lashes with special bonding glue, making your own lashes appear fuller, thicker and longer. The lashes are applied on a hair-by-hair basis for a completely natural look. Touch-ups are recommended every 2 to 3 weeks after the initial full set application in order to replace any lashes that might have fallen off. Lashes can last for the length of the natural growth cycle of each eyelash hair.





FITNESS

swim lesson

60 minutes, \$150

Misty Hyman, Olympic Gold Medalist, has been giving swimming clinics throughout the U.S. and internationally for over a decade. She brings 25 years of competitive experience under the country's best coaches, and 14 years of coaching experience, together with her upbeat personality, to make learning easy and enjoyable. Misty has a unique formula of technical expertise and fun!

Swim instruction is subject to limited availability.

📍 **Advance reservations required.**

daily tennis clinics

\$55 per person

Tennis clinics have a 4:1 student-to-pro ratio to maximize the student's learning environment. The pros will cover all facets of the game with a combination of drill and game-based approach exercises.

private tennis lessons

30 min., \$55 • 60 min., \$95 • 90 min., \$125

One-on-one instruction

semi-private tennis lessons

60 minutes, \$55 per person

90 minutes \$75 per person

Two-on-one instruction

tennis/pickle ball rental fees

Court Rental 60 minutes, \$25

Ball Machine Rental 60 minutes, \$45

personal training

30 minutes \$80 • 60 minutes \$120

One-on-one training with a fitness professional for all levels of fitness, tailored to suit your current exercise regimen, or to add variety to your workouts. All trainers have extensive backgrounds in fitness.

partner training

30 minutes, \$100 • 60 minutes, \$160

Personal training for two people at the same time, with a fitness professional for all levels of fitness; tailored to fit your current exercise regimen or to add variety to your workouts. All trainers have extensive backgrounds in fitness.

ball and band training

60 minutes, \$130

Training that focuses on stability and core strength; utilizes an exercise band (for resistance) and stability ball. Good for adding variety to your workouts.

Exercise ball and band included.

assisted stretch

30 minutes, \$90 • 60 minutes, \$130

A fitness professional will assist in increasing flexibility. They also will assess range of motion and the functionality of muscles.

assessment and personalized program

90 minutes, \$195

One-on-one assessment with a fitness professional. They will test and assess: cardiovascular fitness, muscular strength, endurance, flexibility and body composition. Guest receives a personalized program designed to meet his/her individual needs.

private guided hike

2½ hours, starting at \$150

Hike with an expert guide up Camelback Mountain; for all levels of fitness. Bottled water and small pack to carry a few small items are provided.

📍 **Good hiking shoes and comfortable clothing are recommended.**

private guided bike tour

90 minutes, starting at \$150

Guided bike rides of all lengths and fitness/skill levels. Bottled water, mountain bike and helmet are provided.

📍 **Comfortable clothing and shoes are recommended.**

VILLA DEL SOL

Located close to the spa, this is a perfect setting for wellness or corporate retreats, girlfriend getaways, family gatherings and more.

Distinctive features include a movement studio with fitness equipment, spa treatment room, lawn for special events, a full kitchen and dining room, and living room opening to the private pool and wrap-around patio.

Each of the enclave's four 900 square-foot Terrace Casitas, available separately from the home, offers a king bedroom, table and chairs, large HD Smart

TV, and a full bathroom with indoor soaking tub and private outdoor shower.

The 350 square-foot patio functions as an outdoor living room, complete with a day bed, dining table and gas fireplace, enhanced by extraordinary views of Camelback Mountain through the 12-foot high glass wall.

Guests have access to all the resort facilities including those of Sanctuary Spa, the infinity pool, and renowned dining plus elevated mixology at *elements* and *jade bar*.

