

elements

to begin

green goddess ^{GF V} | 10

freshly juiced spinach | celery
cucumber | green apple

az sunrise ^{GF V} | 10

orange juice | banana | yogurt
honey | whey protein | nutmeg

blueberry breakfast parfait ^V | 13

greek yogurt | passionfruit curd
blueberries | cashew rice krispie treat

steel cut irish oats ^V | 11

golden raisins | toasted walnuts
brown sugar

elemental granola ^V | 9

choice of milk or greek yogurt

fresh fruit & berries ^{GF V} | 13

chef's selection of seasons best available

organic eggs

egg whites available upon request. served with choice of toast

***two eggs any style** | 18

elements breakfast potatoes
choice of ham, bacon, or sausage

***asparagus frittata** | 21

spring onions | smoked trout
parmesan béchamel

***green chili pork stew** | 17

poached eggs | white cheddar grits
charred poblanos | bbq cracklings

***omelet ranchero** ^{GF V} | 17

sweet peppers | pepper jack
baby heirloom tomatoes | avocado
breakfast potatoes

specialties

***foie gras benedict** | 27

nueske's bacon | poached eggs
grilled asparagus | breakfast potatoes
truffle hollandaise

vegan tofu &

black bean scramble ^V | 16

sourdough toast | avocado
salsa roja | jalapeno

buttermilk pancakes ^V | 17

honey pine nut butter
vermont maple syrup

belgian waffle ^V | 18

fresh strawberries
milk chocolate cream | hazelnut brittle

***smoked salmon & bagel** | 17

capers | red onion | tomato
cucumber | cream cheese

granola crusted french toast ^V | 17

ricotta | citrus curd | whipped cream
toasted coconut

***'macmuffin' breakfast sandwich** | 16

candied nueske's bacon | fried egg | arugula
american cheese | tomato jam
green onion cheddar biscuit

on the side

breakfast pork sausage ^{GF} | 6

smoked chicken apple sausage ^{GF} | 6

applewood smoked bacon ^{GF} | 6

breakfast potatoes ^V | 5

morning glory or blueberry muffin ^V | 6

toasted bagel & cream cheese ^V | 5

**nine grain, sourdough, rye,
gluten free toast, or english muffin** ^V | 5

cottage cheese ^{GF V} | 5

GF | gluten free

V | vegetarian

upon request our chefs will prepare vegan and/or gluten free dishes. 20% gratuity will be added to parties of six or more.

*meat, fish & eggs cooked to order; items are served raw or undercooked, or contain (or may contain) raw or undercooked ingredients. consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase risk of food borne illnesses especially if you have certain medical conditions. 10.1.17