

# elements

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## to begin

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**green goddess pressed juice** <sup>GF V</sup> | 10  
freshly juiced spinach | celery  
cucumber | green apple

**az sunrise pressed juice** <sup>GF V</sup> | 10  
orange juice | banana | yogurt  
honey | soy protein | nutmeg

**blueberry breakfast parfait** <sup>V</sup> | 10  
greek yogurt | passionfruit curd  
cashew rice krispie treat

**steel cut irish oats** <sup>V</sup> | 11  
golden raisins | toasted walnuts  
brown sugar

**elemental granola** <sup>V</sup> | 9  
choice of milk or greek yogurt

**fresh fruit & berries** <sup>GF V</sup> | 13  
chef's selection of seasons best available

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## organic eggs

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*served with toast, organic preserves, and elements breakfast potatoes or fruit. egg whites available.*

**\*two eggs any style** | 15  
elements breakfast potatoes  
choice of protein

**\*elemental omelet** <sup>GF</sup> | 16  
creamed leeks | maitake mushrooms  
spinach | boursin cheese

**\*eggs benedict** | 18  
smoked ham | hollandaise  
aged cheddar & green onion biscuits

**\*farm stand veggie omelet** <sup>V</sup> | 14  
egg whites | roasted veggies | quinoa  
swiss cheese | chimichurri

**\*duck confit & sweet potato hash** | 18  
caramelized onions | asparagus  
candied pancetta | poached eggs  
sage butter sauce

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## specialties

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**\*frittata ranchero** <sup>GF V</sup> | 17  
sweet peppers | pepper jack  
baby heirloom tomatoes | avocado

**elvis french toast** | 17  
caramelized banana | peanut butter  
chocolate fondue | bacon gelato

**pumpkin spiced pancakes** <sup>V</sup> | 15  
candied pecans | maple syrup  
cream cheese drizzle

**belgian waffle** <sup>V</sup> | 14  
strawberries | passion fruit  
sweet cream

**\*smoked salmon** | 17  
capers | red onion | tomato | cucumber  
cream cheese | toasted bagel

**\*breakfast burrito** | 16  
scrambled eggs | green chili pork  
jalapeno jack | potatoes | salsa roja

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## on the side

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**breakfast pork sausage** <sup>GF</sup> | 6

**morning glory or blueberry muffin** <sup>V</sup> | 6

**smoked chicken apple sausage** <sup>GF</sup> | 6

**toasted bagel & cream cheese** <sup>V</sup> | 4

**applewood smoked bacon** <sup>GF</sup> | 6

**nine grain, sourdough, rye,  
gluten free toast, or english muffin** <sup>V</sup> | 4

**breakfast potatoes** <sup>V</sup> | 5

**cottage cheese** <sup>GF V</sup> | 5

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**GF** | gluten free

**V** | vegetarian

\*upon request our chefs will prepare vegan and/or gluten free dishes. 20% gratuity will be added to parties of six or more.

\*meat, fish & eggs cooked to order; items are served raw or undercooked, or contain (or may contain) raw or undercooked ingredients. consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase risk of food borne illnesses especially if you have certain medical conditions. 10.1.17